

JAMAAL BERNARD

Drive, Discipline
And A Passion For God

RIGHT SMACK DAB IN THE CENTER

Luisa Posca

How Prayer Is A Tool
To Transform
Your Wellness

JANE BOWER

A Journey To
Health, Hope
And Healing

David Lyons

Transformed By Fire:
Turn Your Greatest Pain
Into Godly Gains



BILLY WEATHERALL & FAMILY

Christ Fit Gym
A Gym Where
Christ
Is Front And Center

February - April 2026



Your tool for powerful, healthy and passionate living (in Christ!)

