June/July 2021

FAITH&FITNESS MAGAZI faithandfitness.net

Work

Church 48

Me and You

For You

Photos

• TEAM TIME FOR SUMMER FUN AND FITNESS

• WORKOUTS TO REALLY HELP YOU MAKE PROGRESS

OHOW FAITH GAN BE YOUR SUBSTANCE OF **STRONG HOPE**

• TEAM UP WITH **HEALTHY AND TASTY** SALADS

OGOT GODFIDENCE?

tal progresspic



ILTE

Albums

Team Progress Pic Albums

Gym 119

Family

Albums

Search