



I just downloaded this!

FAITHFIT

The must-have devotional workout app

Great way to start my workout! 🏃‍♀️

Do Fitness In Remembrance Of Me

Explore the role COMMUNION can have in life

👍 These departments are awesome 🕶️

- Women's Interest
- Family Fitness
- Men's Interest
- 50+

So refreshing, I needed this!

INPUT
get it **AND** give it

#LetsTalkFitness

Rethink water for fitness

THESE 4 FAITH AND FITNESS LEADERS WANT TO GIVE YOU A SPIRITUAL WORKOUT

See Who First Influenced Them

