

# FAITH & FITNESS

MAGAZINE

faithandfitness.net

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## GIVE THE GIFT OF FITNESS

Surprise your spouse with just the right thing

## GET THE LATEST ON FITNESS PROGRAMS

See what's new and what to expect

## IN SHAPE FOR THE GOOD WORK

Our 6 new themes in 2020 help you build physical and spiritual strength

## CAN YOUR CHURCH BE BOUTIQUE?

churchfitness.com helps smaller churches deliver big community



All New

# FAITH AND FITNESS

#wrapyourheadaroundgod

Unwrapped