

FAITH & FITNESS

August/September 2019

MAGAZINE
faithandfitness.net

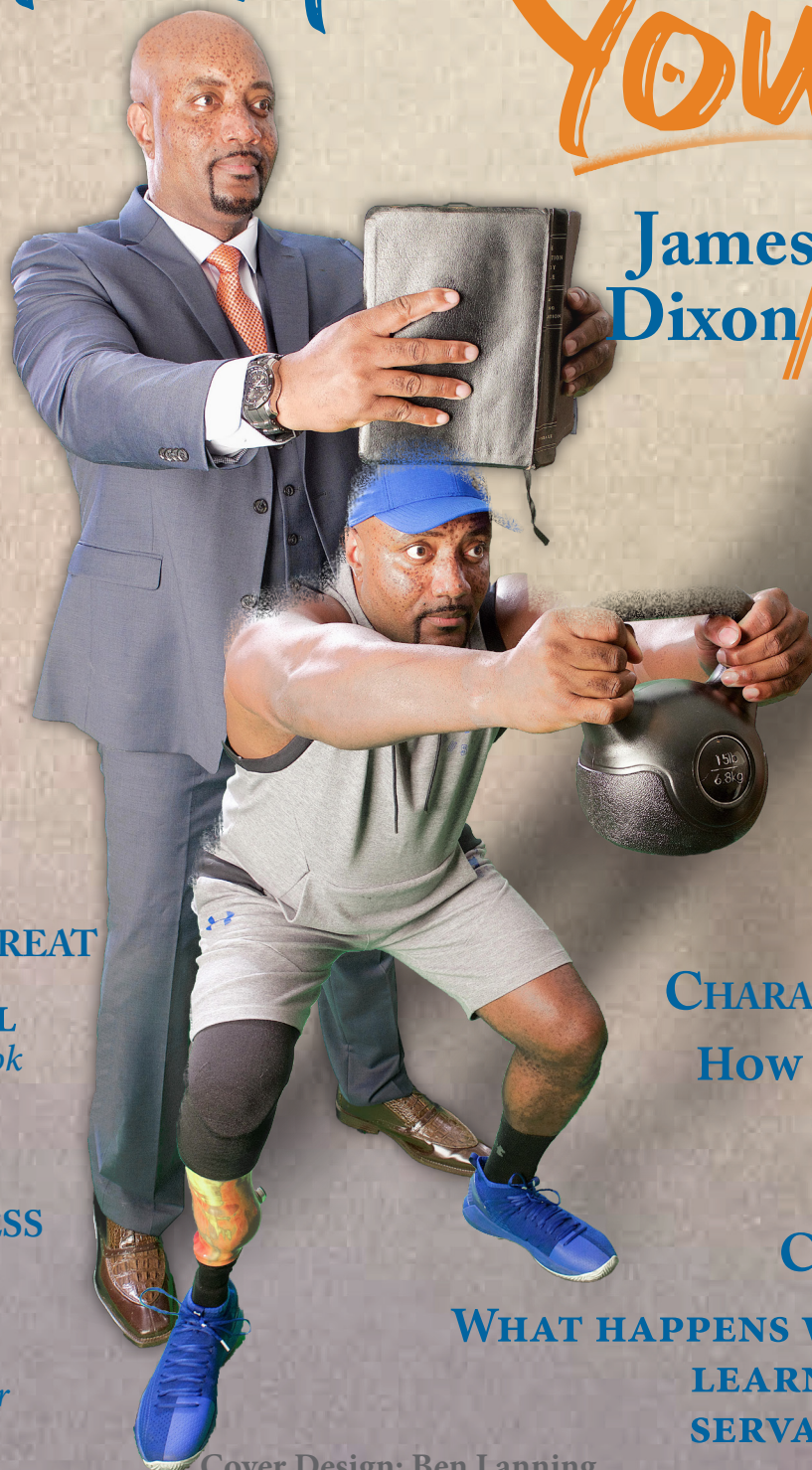


EcoPrint
Edition



THE STRONG GOD WITHIN YOU

#askmewhyimstrong



James // NICE ISN'T
Dixon // GOOD
ENOUGH

WOMEN'S INTEREST
ENDURANCE
TO GET PAST
INJURY

SPA & FITNESS RETREAT
FINDING BEAUTIFUL
*Join with us to place this book
in your local salon*

HEALTH & WELLNESS
DAVID LYONS
CHALLENGES MS
*Can you trust God with your
challenges?*

CHARACTER STRENGTH
HOW PERFORMANCE-
DRIVEN
is under-performing

COLLEGE FITNESS
WHAT HAPPENS WHEN STUDENTS
LEARN AND PRACTICE
SERVANT LEADERSHIP

Cover Design: Ben Lanning