

FAITH & FITNESS

MAGAZINE

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Edition

FREE- Take One

HEALTH/WELLNESS

Healthy 100

Florida Hospital's
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For Churches
And Communities

CULTURE

Be Faith-Centered
Not Faith-Based

Frank and Michelle Strong
Helping make military families
STRONGER

Noel Frias
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Finding forgiveness and favor to help others

Celebrate Freedom And Dependence

Live Without Compromise

YOU share what it means to you.

College TIME
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Student Life, Fitness And God

Tiffany Dawn
THE INSATIABLE
QUEST FOR BEAUTY

Biggest Loser
Mark Cornelison
What happens when you gain it all back and then some?

