

# FAITH & FITNESS

GAZINE  
faithandfitness.net

February/March 2018

**Kim Dolan Leto**  
How To Look Forward  
With Passion  
**+7 TIPS**  
To Kick Start  
Your Spring

**COLLEGE**  
Ultimate  
Internship  
=Your First  
Fitness Job

# START @ MOVEMENT

#startafitnessmovement

**MEN**  
ID Please -  
What Your  
Image Says  
About You

*easy*  
**HERBS**  
MAKE YOUR MEAL  
**WOW!**

**50+**  
Define Your  
Foundation  
For Fitness

**EcoPrint**  
Edition



Photographer: Eva Simon

**New For 2018**

Entrepreneurs Lead Growth In Fitness Ministry Throughout America  
South Philly | Chicago | Florida | New York | Raleigh