

FAITH & FITNESS

MAGAZINE

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WOMEN

Jesus Sees Your Strengths

MEN

The Might Of Meekness

FAMILY

Fitivities Fun – You Won't Be Board With This Game

TRAINING

HITT It In 16

Army Colonel
Thomas Hundley
Motivating Troops
Inspiring Character

COLLEGE FITNESS

Top Bods On Campus

Get Into Character

Look the part, play the part, BE the part!

WELLNESS

Breathing Room
For The Active
Person



EcoPrint
Edition