

FAITH & FITNESS MAGAZINE

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InteGREAT!

Seamlessly weave faith and fitness
into a fantastic lifestyle

The Cathedral Of Sweat
New York's most righteous gym
sets example for retrofits with attitude.

Wednesday, November 18, 2015 New Orleans, LA

Redefined

a faith and fitness conference

plus

The best examples for integrating
faith and fitness into
Family Life – Nutrition – Training – and more

WELLNESS
Church Health Center Is More Than
A Wellness Service

**FREE TAKE
ONE**



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