

FAITH & FITNESS

MAGAZINE
faithandfitness.net



February/March 2014 issue



The Lust For Life look good, feel good, **BE GOOD!**

**CHARACTER
STRENGTH**
Your Moment
Of Glory

*The
Imagine
Center*

you'll get a
workout
at this
church

DREW WATERS

Stretching for the
prize – Chasing
the passion



From our new
Enliven Department
Ruby Carter-Pikes

NO EXCUSES



+ New Design, New Blogs,
New Social-Sharing, New Music,
New Videos ... You Get The Idea!

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Ways To Be A
Fitness FUNatic