

FAITH & FITNESS

MAGAZINE

faithandfitness.net

August/September 2016

Firefighter Craig Duck

Training the next generation of first responders

NUTRITION

Start Everyday Right With Breakfast

COLLEGE

Back To School Mental Wellness

Don't Crash And Burn – Instead Burn With Passion

redefined
a faith and fitness conference

Join us
in Orlando!

- ✓ 2 & 4 day options
 - ✓ 9 faith and fitness focused sessions
 - ✓ 190 Athletic Business Show Seminars
 - ✓ 1-on-1 support
- Grow your fitness business and ministry

Be The Fire

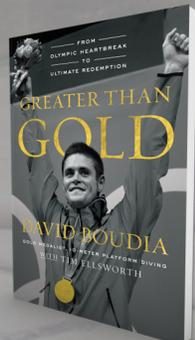
Ignite, Fuel, Consume

CHARACTER STRENGTH

USA DIVER
DAVID BOUDIA

The Competitive Fire
And 5 Life Lessons

INCLUDES FREE BOOK GIVEAWAY.



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Edition

+ Training, Gardening, and hot Family Fitness